

ABOUT THE PROJECT

The Care4Carers project partnership aims to strengthen the position of working-age family carers on the labour market as they are facing major challenges in combining work and family care. The collaborative process is led by die Berater and implemented by another 6 organisations specialising in adult education, vocational training, counselling and healthcare.



TRANSNATIONAL STOCKTAKING REPORT

The partnership has finished its first product and has put together a comprehensive stocktaking report outlining the state-of-the-art regarding carers and caring responsibilities in the 7 partner countries. The report outlines the challenges, hopes, opportunities, and contextual information regarding informal carers, with considerations of official reports as well as interviews with carers and counselling professionals in each of the 7 countries. The report outlined that in most countries there are very few specifically targeted initiatives on a state level to support carers and the system rather relies on NGOs and relevant associations of patients. While psychological and emotional issues are indeed one of the main challenges faced by family carers, the research shows that health risks, social exclusion and isolation, financial difficulties, reduced employability chances were also identified as common struggles.

The finalised report can be found here:

<https://care4carers.eu/r1-stocktaking-report/>

STAY UPDATED BY VISITING OUR WEBSITE AT:

[HTTPS://CARE4CARERS.EU/](https://care4carers.eu/)

UPCOMING PACKAGES

The consortium is in the process of developing material aimed at facilitating the reintegration of family and informal carers in the labour market. The upcoming packages are:

- Counselling guidelines for professionals to guide carers to re-enter or integrate in the job market
- Training Modules for carers to aid their skill-building to re-enter the job market, including:
 1. Personal and Social Competences
 2. Job Orientation
 3. Competence Analysis and Validation
 4. Digital Competences
 5. Job Application Guidance
- Family Carers Online Hub – a digital space to host the counselling guidelines and training modules and give access to information and networking



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